

TECHNICAL FILE

ALUSEB[®] Food supplement
based on glutathione, selenium, vitamin A, Ribes nigrum,
Echinacea purpurea, copper and biotin

1. Indications: biotin and vitamin A contribute to the maintenance of normal skin, Echinacea purpurea helps the body's natural defences, copper supports the maintenance of normal connective tissues and normal skin pigmentation, selenium contributes to the protection of cells from oxidative stress.

2. Active ingredients:

- **Glutathione:** a natural tripeptide containing sulphur, formed from amino acids cysteine, glycine and glutamic acid. Naturally produced by the body, it helps to maintain antioxidant activity.
- **Selenium:** is an essential trace element involved in several biochemical processes. It is an important enzymatic cofactor and is a protein component known as selenoproteins. Selenium helps to protect cells from oxidative stress.
- **Vitamin A (retinyl acetate):** fat-soluble vitamin with antioxidant action.
- **Ribes nigrum (leaves – dry extract):** rich in flavonoids and anthocyanins, the leaves are useful for their antioxidant action.
- **Echinacea (Echinacea purpurea Moench):** the echinacea extract is rich in polyphenols which to support the body's natural defences.
- **Copper:** is a mineral implicated in several biochemical processes. It is linked to specific metal-proteins and is an enzyme cofactor. Thanks to its redox potential it contributes to cell protection from oxidative stress, helps the immune system, contributes to the normal energetic metabolism, maintenance of normal connective tissue, transport of iron in the body.
- **Biotin (D-biotin):** is an "essential" water-soluble vitamin belonging to the B group, which the human body can't produce. Therefore must be introduced to the daily diet. It plays a coenzymatic role in many metabolic reactions, especially those catalyzed by carboxylase involved in the biosynthesis of fatty acids, some amino acids and in neoglucogenesis. Contributes to the maintenance of correct cutaneous trophism.

3. Product name: ALUSEB[®] food supplement.

4. INGREDIENTI: AGENTI DI CARICA: CALCIO FOSFATO BIBASICO, CELLULOSA MICROCRISTALLINA; ECHINACEA ERBA (ECHINACEA PURPUREA L. MOENCH.) E.S. TIT. 4% POLIFENOLI, GLUTATIONE, RIBES NERO FOGLIE (RIBES NIGRUM L.) E.S., AGENTI DI RIVESTIMENTO: IDROSSI-PROPIL-METILCELLULOSA, AGENTI ANTIAGGLOMERANTI: BISSIDO DI SILICIO; CITRATO DI RAME, VITAMINA A (ACETATO DI RETINILE), COLORANTI: CARBONATO DI CALCIO, TALCO; AGENTE ANTIAGGLOMERANTE: SALI DI MAGNESIO DEGLI ACIDI GRASSI; AGENTE DI RIVESTIMENTO: POLIETILENGLICOLE; BIOTINA (D-BIOTINA), SODIO SELENITO.

GLUTEN FREE AND NATURALLY LACTOSE FREE

NUTRIENTI	Per dose (1cpr)	% VNR*
Echinacea e.s.	50mg	
Ribes nero e.s.	50mg	
Glutathione	50mg	
Rame	2mg	200%
Biotina	450mcg	900%
Selenio	100mcg	181,8%
Vitamina A	800mcg	100%



*VNR: valore nutritivo di riferimento (Reg. EU n. 1169/11)

5. Confection: 30 tablets containing 300 mg

6. How to use: 1 tablet per day take with water. We recommend using in combination with our dermocosmetic line ALUSEB[®].

7. **Warnings:** keep out of the reach of children under 3 years. Do not exceed the recommended daily intake. A food supplement should not be used as a substitute for a varied and balanced diet and healthy lifestyle. Gluten free and naturally lactose free.
8. **Shelf life:** 36 months.
9. **Storage conditions:** store at room temperature away from moisture and heat. Avoid exposure to localised heat sources, sunlight and water. The best before date applies when the product has been stored appropriately and the package unopened. Dispose of correctly after use.
10. Produced for **Skinius Srl** 14 Durini St. – 20122 Milan plant of 18/20 San Giuseppe - 20861 Brugherio (MB).